



Memento Mori Ministry

Location for classes:
St. John Mission in Mukilteo

May 3-10-17-24

6pm – 8pm

MISSION

To support people experiencing life-limiting or life-ending conditions on their path from diagnosis through death and into eternal life.

WHO SHOULD ATTEND?

Anyone supporting someone nearing the end of their life. Anyone wanting to learn how to navigate the end-of-life experience from the Catholic Perspective.

Birthing your Soul into Eternal Life

(Classes meet weekly for 2 hours x 4 weeks at St. John Mission)

Week 1: Preparation: Refresher on Catholic Teaching and Wisdom

Week 2: Preparation: Making good decisions at the End of Life: Ethical issues around Death & Dying

Week 3: Active Dying: Palliative/Hospice care, Suffering, Saying Goodbye, Anointing the sick, and more...

Week 4: Post Death: Loss, Grief, Mourning, Bereavement, Funerals, WAVES... Prayer Brigade

Questions/sign up: Gwenn Baer 425-750-2534

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